

# Art Journaling

Simply put, art journaling is a visual diary. Starting with your thoughts or an image, you create the pages using simple artistic techniques. No formal art or drawing experience required!

Find out how to create backgrounds using simple school supplies. Drip paint onto a page and move it around to create swirls and puddles. Add collage effects with that gold candy wrapper you saved. Learn how to make simple stamps and stencils from recycled materials or use purchased stamps. Discover lettering effects with doodles and letter stencils. There is no wrong way to do this!

***Classes offered locally, email for more information***

*Workshops include materials and supplies. Takeaways may include samples, technique instructions and resource lists. No previous experience necessary for any workshop. It is suggested that you wear old clothes as some of the workshops can get messy!*

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